

Pre-School/Youth

Baton- Tiny Twirlers

This is a collaborative program with New Berlin.
(Ages 3-5, not yet in kindergarten)

This introductory class is for youth to learn and enjoy basic baton twirling. The teacher will provide batons to borrow during the duration of the program. Class will include a Spring Recital, marching in the New Berlin Memorial Day and Independence Day Parades. **No class April 5.**

Baton Attire Fee: Participants will be required to purchase a recital costume for \$40 by Feb. 3. **Please use course #CE3445 to purchase costume. Recital information on page 23.**

Instructor: Jenny & Dennis

Location: Hickory Grove, Upstairs, Door #1
2600 S. Sunnyslope Rd., New Berlin

Class #	Days	Dates	Time
CE3444	Thursdays	Jan. 18-Apr. 26	4:30-5:00 PM

Cost: Resident \$69.00 / Non-resident \$103.50

Enrollment: Minimum 1, Maximum 3

GLEE Club

This is a collaborative program with Franklin.
(Ages 7-16)

Develop your vocal ability and your creativity like the TV Show. You will have a blast creating your own version of favorite songs, complete with choreography, costumes, and flashy vocal work. Singing a solo is not required, but a possibility! The last class will end with a performance for your family and friends.

Instructor: Diannia Merriett

Location: Franklin High School, Multipurpose Rm B235
8222 S. 51st Street, Franklin
(Enter Main Office Entrance)

Class #	Days	Dates	Time
CE3311	Thursdays	Feb. 1-Mar. 8	6:30-7:30 PM

Cost: Resident \$47.00 / Non-resident \$70.50

Enrollment: Minimum 4, Maximum 15

Drawing..presented by Promising Picassos

This is a collaborative program with New Berlin.
(Ages 4-6 years)

Younger children will work on fine motor development and organizational skills, while older children receive training in fundamental drawing techniques and creative expression. Each session has new lessons, so sign up for more than just one!

Theater Workshop

This is a collaborative program with Franklin.
(Ages 6-12)

Children will begin developing basic acting skills and learn about theater through fun and interesting games. Harness the acting tools you already possess – your body, voice and imagination. Gain skills in creative thinking and public speaking, while building confidence in yourself and your craft.

Instructor: Diannia Merriett

Location: Franklin High School, Multipurpose Rm B235
8222 S. 51st Street, Franklin
(Enter Main Office Entrance)

Class #	Days	Dates	Time
CE3309	Thursdays	Feb. 1-Mar. 8	5:30-6:30 PM

Cost: Resident \$47.00 / Non-resident \$70.50

Enrollment: Minimum 4, Maximum 10

Classes must reach their minimum enrollment 4 business days before the start of class or the program can be cancelled due to low enrollment. So don't delay in registering!

Make-N-Take Plastic Modeling

This is a collaborative program with New Berlin.
(Ages 6-12)

Using SNAP-Tite from Revell Monogram, your models snaps together without glue. Building model kits is a hobby kids can enjoy for a lifetime. It's fun, creative, and constructive! It helps kids develop 'life' skills, such as patience, attention to detail, following instructions, and provides them with a strong sense of accomplishment. In this class you will assemble a plastic car model and take home a finished product.

Instructor: New Berlin Program Staff

Location: Hickory Grove, Upstairs, Door #1
2600 S. Sunnyslope Rd., New Berlin

Class #	Days	Dates	Time
CE3434	Thursday	March 15	6:15-7:45 PM

Cost: Resident \$18.00 / Non-resident \$27.00

Enrollment: Minimum 4, Maximum 12

Instructor: Promising Picasso Staff

Location: Muskego City Hall, Durham Hill Room
W18258200 Racine Ave.

Class #	Days	Dates	Time
CE3344	Wednesdays	Feb. 28-Mar. 21	4:00-4:45 PM

Cost: Resident \$36.00 / Non-resident \$54.00

Enrollment: Minimum 6, Maximum 12



School's Out Activities (Ages 5-12)

Are you looking for things to do with your kids when there is no school? Well, we have the answer – join us at the Old Town Hall for supervised activities for your children on the non-school days of the Muskego/Norway School District (excluding holidays). We will provide lots of structure and fun activities for your kids, including themed arts and craft projects, seasonal games, group activities and outdoor play. Kids will learn new things, make new friends but most of all have fun. Make sure to come dressed for outdoor fun. Bring a lunch and a drink, we will provide snacks.

You can register for each day as you go for \$15/date. We must have 10 children registered at least 2 days before each date in order to hold the program.

Instructors: Summer GAP Program Staff
Location: Old Settlement Centre, Old Town Hall
 W184S8074 Racine Ave.

Class #	Days	Dates	Time
CE3358	Wednesday	December 27	7:30 AM-5:30 PM
CE3359	Thursday	December 28	7:30 AM-5:30 PM
CE3360	Friday	December 29	7:30 AM-5:30 PM
CE3361	Friday	January 12	7:30 AM-5:30 PM
CE3362	Friday	February 9	7:30 AM-5:30 PM
CE3363	Monday	March 5	7:30 AM-5:30 PM
CE3364	Monday	April 2	7:30 AM-5:30 PM
CE3365	Tuesday	April 3	7:30 AM-5:30 PM
CE3366	Wednesday	April 4	7:30 AM-5:30 PM
CE3367	Thursday	April 5	7:30 AM-5:30 PM
CE3368	Friday	April 6	7:30 AM-5:30 PM

Cost/Date: Resident \$15.00 / Non-resident \$22.50
Enrollment: Minimum 10, Maximum 80

Spend, Save, Share (Ages 3-5, with Parent)



Join us for fun activities promoting financial literacy in kids. Event includes a Piggy Bank kids can use to sort their money into spending, saving and sharing! Parents learn tips on how to support your kids with a healthy financial future.

Instructor: Shelly Wohler & Melissa Hofmeister
 Thrivent Financial

Location: Muskego Circle Community Center
 S63W13694 Janesville Road

Class #	Days	Dates	Time
CE3556	Tuesday	February 6	10:00-11:00 AM
CE3557	Tuesday	March 27	10:00-11:00 AM

Cost: Resident \$9.00 / Non-resident \$13.50

Enrollment: Minimum 5, Maximum 20

Spend, Save, Share (Ages 6-9, with Parent)



What do you do with money you get as a present or from doing chores? Join us for fun activities promoting financial literacy in kids, including a Piggy Bank they can use to sort their money into spending, saving and sharing! Parents learn tips on how to support your kids with a healthy financial future.

Instructor: Shelly Wohler & Melissa Hofmeister
 Thrivent Financial

Location: Muskego Circle Community Center
 S63W13694 Janesville Road

Class #	Days	Dates	Time
CE3558	Friday	January 12	1:00-2:00 PM

Cost: Resident \$9.00 / Non-resident \$13.50

Enrollment: Minimum 5, Maximum 20

Pre-School/Youth

Engineering for Kids:

This is a collaborative program with Franklin.

(Ages 4-9)

Engineering for Kids inspires children to build on their natural curiosity through fun and challenging hands-on activities. Our program encourages imagination, innovation and collaboration as well as the promotion of individual problem skills. Children are introduced to the concepts of engineering and the Engineering Design Process applying these concepts to real world setting as they ask, brainstorm, design, build and test to improve their creations multiple times.

Registration deadline March 30

Presenter: Engineering for Kids

Location: Franklin High School, Library
8222 S. 51st Street, Franklin
(Enter Upper South Main Entrance)

Cost/class: Resident \$45.00/ Non-resident \$67.50

Enrollment: Minimum 8, Maximum 14

Robotics We Do - Safari We Do

(Ages 4-6)

This is the course for young animal lovers! Children discover the most ingenious engineer of all time - Mother Nature! Your child will love building, programming, and exploring clever robot models of different animals.

Class #	Days	Dates	Time
CE3560	Saturdays	April 14 & 21	10:00-11:30 AM

Robotics We Do - Star Galaxy We Do

(Ages 7-9)

Star Galaxy takes us into outer space. Constructing and then programming futuristic robot models is a great introduction to physics and astronomy. To future spark young imaginations, some robot builds will resemble those seen in science fiction movies.

Class #	Days	Dates	Time
CE3561	Saturdays	April 14 & 21	12:30-2:00 PM

Classes must reach their minimum enrollment 4 business days before the start of class or the program can be cancelled due to low enrollment.

So don't delay in registering!



Adult classes in painting, cooking, quilting and more can be found on pages 28-45

MiKro-Soccer Program

(Ages 3-6)

MiKro Soccer is a collaborative program between the Milwaukee Kickers Soccer club and the Muskego Parks & Recreation Department that introduces children to the game of soccer in a friendly, positive environment. Your child will be engaged in six, one-hour classes that incorporate techniques, motor skills and fun games to introduce basic soccer skills and get them moving with the ball. Parents are encouraged to join in their child's experience by participating in the program. If your 3-6-year-old wants to interact with other children, play games and learn the fundamentals of soccer, sign up for MiKro Soccer today. Groups are formed according to age.

Students need to have a soccer ball for each class. You can order one when registering for an additional \$10 or you can purchase your own size #3 soccer ball from a local store.

Instructor: Eduardo Diaz, Developmental Programs Coordinator, Milwaukee Kickers

Location: Moorland Park, Soccer Field
W154S7105 Moorland Rd

Class #	Day	Date	Time
CE3288	Tuesdays	Apr. 24-May 29	4:30-5:30 PM
CE3289	Tuesdays	Apr. 24-May 29	5:30-6:30 PM

Cost: Resident \$60.00 / Non-resident \$90.00
Price includes a T-shirt.

Soccer balls (size #3) can be ordered at time of registration for \$10 or you can bring soccer ball from home. Use class # CE3293 to purchase.

Enrollment: Minimum 15, Maximum 40

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To Register: Call 262-679-4108 OR complete registration form on page 6 OR visit our website at <https://www.antaeusllc.com/site/muskego/display> for on-line registration.

Lil' Brewers Baseball (Ages 4-8)

Batter Up!! Children will learn game fundamentals including throwing, catching, batting, positions and game rules. Children should bring their own glove and should be dressed for active play and must be wearing tennis shoes. Please also bring a water bottle marked with your child's name. Fee includes T-shirt so please indicate size on registration form.

Instructor: Austin Esser & Assistants

Location: Muskego Elementary School Gymnasium
S75W17476 Janesville Road

Class #	Ages	Days	Dates	Time
CE3511	4-5	Wed.	Jan. 17-Feb. 21	6:20-7:05 PM
CE3513	6-8	Wed.	Jan. 17-Feb. 21	7:05-7:50 PM
CE3512	4-5	Wed.	Apr. 11-May 16	6:20-7:05 PM
CE3514	6-8	Wed.	Apr. 11-May 16	7:05-7:50 PM

Cost: Resident \$44.00 / Non-resident \$66.00

Enrollment: Minimum 8, Maximum 15

Lil' Bucks Basketball (Ages 4-8)

Nothing but net!! Children will learn the fundamentals of the game including dribbling, passing, shooting and positions. Children should be dressed for active play and must be wearing tennis shoes. Please also bring a water bottle marked with your child's name. Fee includes T-shirt so please indicate size on registration form.

Instructor: Austin Esser & Assistants

Location: Muskego Elementary School Gymnasium
S75W17476 Janesville Road

Class #	Ages	Days	Dates	Time
CE3515	4-5	Tues.	Jan. 16-Feb. 20	6:20-7:05 PM
CE3517	6-8	Tues.	Jan. 16-Feb. 20	7:05-7:50 PM
CE3516	4-5	Tues.	Apr. 10-May 15	6:20-7:05 PM
CE3518	6-8	Tues.	Apr. 10-May 15	7:05-7:50 PM

Cost: Resident \$44.00 / Non-resident \$66.00

Enrollment: Minimum 8, Maximum 15

Little Birdies Golf (Ages 4-6)

The 'Little Birdies' program is designed to introduce youngsters to the game of golf. Students will have fun while learning the basics of the golf swing, the short game, etiquette, and how the game is played. All equipment including golf balls will be provided.

Instructor: Mike Vance, PGA Golf Instructor & Staff

Location: Moorland Road Golf Course
5800 S. Moorland Road, New Berlin

Class #	Days	Dates	Time
CE3396	Mondays	Apr. 23-May 14	4:30-5:15 PM
CE3397	Tuesdays	Apr. 24-May 15	4:30-5:15 PM
CE3398	Wednesdays	Apr 25-May 16	4:30-5:15 PM
CE3399	Thursdays	Apr 26-May 17	4:30-5:15 PM

Cost: Resident \$50.00 / Non-resident \$75.00

Enrollment: Minimum 4, Maximum 6

Lil' Packers Football (Ages 4-5)

Punt, Pass, Kick!!! Children will be introduced to the sport of football. Children will learn positions, rules, fundamentals and some of the skills needed to be a future star. Children should be dressed for active play and must be wearing tennis shoes. Please also bring a water bottle marked with your child's name. There will be no tackling in this class. Children receive a T-shirt in this class.

Instructor: Austin Esser & Assistants

Location: Muskego Elementary School Gymnasium
S75W17476 Janesville Road

Class #	Days	Dates	Time
CE3521	Mondays	Jan. 15-Feb. 19	7:05-7:50 PM
CE3522	Mondays	Apr. 9-May 14	7:05-7:50 PM

Cost: Resident \$44.00 / Non-resident \$66.00

Enrollment: Minimum 8, Maximum 15

Kids Sports Mania (Ages 4-5 Years)

In this class, your child will be introduced to a new sport in each week's class. We will cover only the basics, how to do some of the skills and work on coordination and team work. Sports to include basketball, soccer, baseball, football, kick-ball and other group games. Children should be dressed in gym clothes and wear tennis shoes. Please bring a water bottle, labeled with child's name to each class. Children will receive a T-shirt.

Instructor: Austin Esser & Assistants

Location: Muskego Elementary School Gymnasium
S75W17476 Janesville Road

Class #	Days	Dates	Time
CE3519	Mondays	Jan. 15-Feb. 19	6:20-7:05 PM
CE3520	Mondays	Apr. 9-May 14	6:20-7:05 PM

Cost: Resident \$44.00 / Non-resident \$66.00

Enrollment: Minimum 8, Maximum 15

Pre-School/Youth

IMPORTANT GYMNASTICS PROGRAM INFORMATION - PLEASE READ

These programs are collaborative programs with Franklin.

As always, the first night of each session, parents are welcome to observe. The last class of the session will be Parent's Night where children will show off what they have learned.

For all other class meetings, parents are not allowed to observe unless your child is in a parent and child participation class. Parents in parent/child class must ACTIVELY participate with your child, so please come dressed for active play.

Participants should wear nonrestrictive clothing such as a body suit or T-shirt and shorts and bare feet. (NO tights, nylon or cotton socks, clothing with zippers or belt buckles, or jewelry). Long hair should be tied up.

No classes Dec. 25-Jan. 3, Feb. 15, March 13, April 2-5 and May 10.

Enrollment for each class: Minimum 6, Maximum 12

Gymnastic Staff - Paige, Ashley, Chloe, Samantha, Macy

**All classes held at Bay Lane Middle School in the Auxiliary Gym
S75W16399 Hilltop Drive (please enter through Country Meadows Doors)**

Wiggle Worms

(Ages 30-36 months w/Parent; Child MUST be 30 months by class start date)

Moms/Dads this is your chance to introduce your little one to the fun of organized activities. Children will learn some essential skills that will get them ready for pre-school like, listening, waiting their turn, sharing, and classroom manners. The program will specifically focus on physical and social development through songs, parachute activities, and some very basic tumbling skills that will help them learn how to use their core muscles. We will only focus on floor activities, low balance beam and bar work to increase strength. **Activities will be repeated in each 10-week session.**

Class #	Days	Dates	Time
Winter Session			
CE3267	Tuesdays	Dec.5-Feb. 20	6:15-6:45 PM
Spring Session			
CE3268	Tuesdays	Mar. 6-May 22	6:15-6:45 PM

Cost/session: Resident \$46.00 / Non-resident \$69.00

Tumble Bees

(Age 4 years w/Parent, must be 4 by start date)

Class is designed for 4-year-olds with no experience. 4-year-olds with previous gymnastics experience may take Gymnastics for Beginners.

Tumble Bees is a movement exploration class. Introduce your preschool age child to the fun of organized activities. The special focus is on physical and social development through various activities, including basic tumbling and balance skills. We will focus on floor activities, low and mid balance beam, bar work and vault. **Activities will be repeated in each 10-week session.**

Class #	Days	Dates	Time
Winter Session			
CE3272	Tuesdays	Dec. 5-Feb. 20	6:50-7:20 PM
Spring Session			
CE3273	Tuesdays	Mar. 6-May 22	6:50-7:20 PM

Cost/session: Resident \$46.00 / Non-resident \$69.00

Gymnastics for Beginners

(Ages 5-7 without Parent)

PLEASE NOTE - This program is a beginners gymnastics class for children ages 5-7 without their parents. 4-year-olds with previous gymnastics experience welcome.

Participants are encouraged to learn new physical skills on the various gymnastic apparatus and beginning tumbling skills to develop self-confidence along with coordination, strength and balance. We will focus on low, mid and high balance beam, bar work, vault, and floor activities such as forward roll, straddle roll and work on backwards roll and cartwheel which are skills needed to advance to Level 1 Gymnastics. 10 week session

Class #	Days	Dates	Time
Winter Session			
CE3276	Tuesdays	Dec. 5-Feb. 20	7:25-8:10 PM
CE3277	Thursday	Dec. 7-Feb. 22	6:50-7:35 PM
Spring Session			
CE3278	Tuesdays	Mar. 6-May 22	7:25-8:10 PM
CE3279	Thursdays	Mar. 8-May 24	6:50-7:35 PM

Cost/session: Resident \$54.00 / Non-resident \$81.00

IMPORTANT GYMNASTICS PROGRAM INFORMATION - PLEASE READ

These programs are collaborative programs with Franklin.

As always, the first night of each session, parents are welcome to observe. The last class of the session will be Parent's Night where children will show off what they have learned.

For all other class meetings, parents are not allowed to observe unless your child is in a parent and child participation class. Parents in parent/child class must ACTIVELY participate with your child, so please come dressed for active play.

Participants should wear nonrestrictive clothing such as a body suit or T-shirt and shorts and bare feet. (NO tights, nylon or cotton socks, clothing with zippers or belt buckles, or jewelry). Long hair should be tied up.

No classes Dec. 25-Jan. 3, Feb. 15, March 13, April 2-5 and May 10.

Enrollment for each class: Minimum 6, Maximum 12

Gymnastic Staff - Paige, Ashley, Chloe, Samantha, Macy

**All classes held at Bay Lane Middle School in the Auxiliary Gym
S75W16399 Hilltop Drive (please enter through Country Meadows Doors)**

Gymnastics Level 1

(Ages 6-14)

Participants must be 6 by session start and must be able to do a forward roll, straddle roll and cartwheel. If not, please register for the Gymnastics for Beginners, a program which is for 5-7 year olds.

Boys and girls will develop balance on the beam, power on the vault, and strength, coordination, and flexibility through tumbling. 10 week sessions.

Class #	Days	Dates	Time
Winter Session			
CE3292	Thursdays	Dec. 7-Feb. 22	7:40-8:40 PM
Spring Session			
CE3295	Thursdays	Mar.8-May 24	7:40-8:40 PM

Cost: Resident \$58.00 / Non-resident \$87.00

Gymnastics Level 2

(Ages 8-14)

Participants must be 8 or have instructor's permission. Must be able to do with no assistance backwards roll, forward roll, straddle roll and cartwheel. If not, please consider the Level 1 class.

Class will work on balance, coordination, flexibility and strength through more extensive training such as round offs, running round offs, running cartwheels and more advanced vault and beam skills. 10 week sessions.

Class #	Days	Dates	Time
Winter Session			
CE3299	Thursdays	Dec.7-Feb. 22	7:40-8:40 PM
Spring Session			
CE3300	Thursdays	Mar.8-May 24	7:40-8:40 PM

Cost: Resident \$58.00 / Non-resident \$87.00



Attention: Evening and Weekend Visitors
In an effort to improve school security if you arrive to your event after the official start time, access will not be granted.
Board Policy 830/Facility User Agreement

For all gymnastics classes, the doors will be open for entrance 5 minutes before the scheduled start of class and will again be locked 5 minutes after the scheduled start. Please plan accordingly for entrance into the building for your classes.

Youth/Teen

We are proud to expand our dance & gymnastics offerings through a collaboration with MAJK Dance and Gymnastics. MAJK is an acronym for Mary and Julie Kozlik. "Miss Mary" founded the Muskego Parks and Recreation dance and gymnastic programs where she and daughter "Miss Julie" taught for many years, eventually out growing the city's facilities. MAJK Dance and Gymnastics was thus opened, and continues to offer dance and gymnastic training by adult, certified teachers, in a safe and non-competitive environment. MAJK Dance and Gymnastics has the only padded "floating dance floor" in the area as well as a fully equipped padded, carpeted gym. Please check their website for the general information about their studio as well as class attire requirements at www.majkdg.com

No classes over spring break, March 26-April 7.

Location: MAJK Dance & Gymnastic, Dance & Gymnastics Studio, W182S8365 Racine Ave.

Classical Ballet (Ages 7+)

One Full Hour Class to focus on technique, terminology and strengthening. This class will help prepare students for eventual Pointe work. Pre-Pointe Class for students Ages 7 & Up. Pointe - By recommendation of Instructor only.

Class #	Days	Dates	Time
CE3475	Mon.	Jan. 8-Apr. 23	6:00-7:00 PM

Cost: Resident \$190.00 / Non-resident \$210.00

Combo Tap & Jazz (Ages 7+)

Full Hour Classes with strong emphasis on technique, terminology, strength and choreography.

Class #	Days	Dates	Time
CE3476	7-9	Tues. Jan. 9-Apr. 24	5:00-6:00 PM
CE3477	10 & up	Tues. Jan. 9-Apr. 24	6:00-7:00 PM

Cost: Resident \$190.00 / Non-resident \$210.00

Ultimate Dance (Ages 5-8)

A combination of POMS * JAZZ * HIP HOP * LYRICAL * JUMPS * LEAPS * TURNS. The Perfect Class for Anyone wanting to learn a 'Mix-Up' of Current Dance Styles.

Class #	Days	Dates	Time
CE3478	Thurs.	Jan. 11-Apr. 26	5:45-6:45 PM

Cost: Resident \$190.00 / Non-resident \$210.00

Adaptive Gymnastics (Ages 4-7)



MAJK is excited to be continuing our Adaptive Gymnastics Program giving children with Special Needs the opportunity to participate in a specialized gymnastics class. Our fully equipped & padded gym will allow children to move freely as they explore all of our gymnastics equipment.

Class is open for children with Down Syndrome, Autism, Cerebral Palsy and other physical or cognitive disabilities. Children will learn through playful fun games & obstacle courses, as they work their large and small motor skills. Building Self-Esteem while making New Friends. No pressure, learn at your own pace. *Parent Participation may be required for some students.

Class #	Days	Dates	Time
CE3479	Sat.	Jan. 13-Apr. 28	11:00-11:45 AM

Cost: Resident \$175.00 / Non-resident \$195.00



Gymnastics (Ages 7 and up)

In each class, students will train on all 4 pieces of apparatus, as well as, skill training on our 30 foot Tumbl Trak vaulting table and conditioning Nautilus Station. Students are evaluated and tested to ensure their correct level placement. Students can advance into higher levels throughout the semester, age requirements vary at that point.

Gymnastics Level II (Ages 7 & Up)

Class #	Days	Dates	Time
CE3480	Mon.	Jan. 8-Apr. 23	6:00-7:00 PM
CE3481	Tues.	Jan. 9-Apr. 24	6:00-7:00 PM
CE3482	Sat.	Jan. 13-Apr. 28	12:00-1:00PM

Cost: Resident \$190.00 / Non-resident \$210.00

Gymnastics Level IIA

(Ages 7 & Up, by ability or recommendation of Instructor)

Class #	Days	Dates	Time
CE3484	Wed.	Jan. 10-Apr. 25	5:00-6:15 PM
CE3485	Fri.	Jan. 12-Apr. 27	5:00-6:15 PM

Cost: Resident \$225.00 / Non-resident \$245.00

Gymnastics Level III (Ages 7 & Up)

Students train in an all around format as other classes do, but MUST be able to Round Off BHS w/spotter - Handstand on Beam - Hip Circle High and Low Bars - Straddle & Squat Vault

Class #	Days	Dates	Time
CE3486	Wed.	Jan. 10-Apr. 25	6:15-7:45 PM

Cost: Resident \$270.00 / Non-resident \$290.00

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To Register: Call 262-679-4108 OR complete registration form on page 6 OR visit our website at <https://www.antaeusllc.com/site/muskego/display> for on-line registration.

Cupcake Decorating for Kids- Animated Characters Theme

This is a collaborative program with Franklin.

(Ages 5-12, with parent)

Decorate cupcakes with theme of animated characters. Each student will have at least 5 cupcakes using buttercream, sprinkles, candy, and much more. Students will also decorate a cupcake box they will use to take home all their creations. Children will love being creative and also sampling their delicious creations. **Parents must attend these classes with their child. Registration deadline is one week prior to class date, no refunds given after registration deadline.**

Instructor: Tracy Doome

Location: Bay Lane Middle School, Foods Room
S75W16399 Hilltop Dr.

Please entry through door #5 on the lower level

Class #	Days	Dates	Time
CE3413	Tuesday	April 10	6:00-7:00 PM

Cost/class: Resident \$20.00 / Non-resident \$30

Enrollment: Minimum 5, Maximum 14

Youth Cheer-Tryouts 101 (Ages 5K-4th Grade)

Become a Muskego Cheerleader!!

Learn the correct fundamentals of Cheerleading in a fun & safe environment. This Cheer Program is designed to teach kindergarten through 4th grade the beginning steps to becoming a "Muskego Cheerleader."

With the help of All Star Cheerleaders and the MYF Cheer Coach, all participants will learn the correct fundamentals of basic cheer motions, jump technique, sideline cheers, basic tumbling & dance combinations.

With cheer try-outs right around the corner, this is the perfect Class to help in preparation!

Location: MAJK Dance & Gymnastic,
W182S8365 Racine Ave.

Instructors: All-Star Cheerleaders & MYF Cheer Coach

Class #	Gr.	Days	Dates	Time
CE3489	5K-2 nd	Wed.	Feb. 28-Mar. 21	5:00-6:00 PM
CE3492	3 rd -4 th	Wed.	Feb. 28-Mar. 21	6:00-7:00 PM

Cost: Resident \$60.00 / Non-resident \$80.00

Enrollment: Minimum 5, Maximum 15

Please check majkdg.com for Dress Code Requirements

Kid's Fishing Clinic Ages 15 and Under Muskego Park

Instructor: Women's Hunting & Sporting Association

Day: Saturday, April 14, 2018

Time: 9:00 a.m.-3:00 p.m. (stop in any time, it will take just over 1 hour to complete all the stations)

Don't let the big one get away! Introduce fishing to your minnow in a safe, controlled and fun atmosphere. Equipment and bait will be available for use and instruction will be provided on knot tying, safe use of equipment, proper techniques, and safety issues. All instructors teaching at the clinic have completed the DNR Angler Certification Course and have been certified. Registration in advance is not necessary. The daily park entrance fee is included with clinic participation so no park entrance fee will be charged. Parking passes will be distributed the day of the clinic by clinic organizers. We do prefer that if groups of 10 or more are interested in attending, that they please call ahead to the Waukesha County Park System (262)896-8074.

Cake Decorating for Young Adults

This is a collaborative program with Franklin.

(Ages 9-18)

Learn the delicious art of cake decorating. Children will learn about the basics of cake decorating and by the end of the class they will complete a delicious and spectacular dessert that may just be too awesome to eat. Students will learn about basic buttercream techniques and all the tools it takes to start decorating. A short supply list will be provided and please bring a container to bring home your tasty treats!

Registration deadline is one week prior to class date, no refunds given after registration deadline.

Instructor: Tracy Doome

Location: Bay Lane Middle School, Foods Room
S75W16399 Hilltop Drive.

Please entry through door #5 on the lower level

Class #	Days	Dates	Time
CE3411	Wednesday	February 21	6:00-7:30 PM

Cost/class: Resident \$25.00/ Non-resident \$37.50

Enrollment: Minimum 5, Maximum 14

Attention: Evening and Weekend Visitors
In an effort to improve school security if you arrive to your event after the official start time, access will not be granted.

Board Policy 830/Facility User Agreement



Youth / Teen

Youth Winter Basketball League (Grades 1-4/ Boys & Girls)

DEADLINE TO REGISTER IS DECEMBER 16.

Join us for our winter basketball league. Children will play real games with practices once a week and games on Saturdays. All teams in grades 1-4 will be compiled by a lottery and coached by parent volunteers. Consideration for picking teams will only be given to parents coaching their children. Each team will have 2 coaches. Play will begin approximately at 11:30 AM for 1st-2nd graders, and at 1:30 PM for 3rd-4th graders. It is mandatory that children be in at least 1st grade; kindergartners are not eligible to play.

When registering, please indicate if you are willing to coach, and if coaching who will be your co-coach. Also all participants need to list at least one night of the week that they CAN practice. Teams will be compiled based on that factor.

Teams will begin practices the week of January 8th. At your first practice, your coach will go over league rules, expectations and facility reminders. You will have 3 practices before we start games on January 20.

Grades 1-2 will be a recreational league that will focus on skill development and sportsmanship. **No scores will be kept.** In this league, referees will stop play to explain rules and fundamentals for the first few weeks of play. Boys and girls will play together. We will use a lowered rim to enhance the children's playing experience.

Grades 3-4 will still be a recreational league, but with rules more strictly followed. Scores will be kept and the referees will not stop play to explain rules after the 3rd week. Boys and girls will play together in grades 3-4.

Registration deadline is Friday, December 16. Those registering after the deadline will be put on a wait list and will only be accommodated if space becomes available on a team. No "new" teams will be added. Players will be notified of their teams the week after December 29. League fees include a numbered jersey, please indicate size when registering.

Location of Games: Lake Denoon Middle School, W216S10586 Crowbar Drive

Class #	Grade	Days	Game Dates
CE3407	Co-ed 1 st - 2 nd gr.	Games held Saturdays	Jan. 20-Mar. 10
CE3408	Co-ed 3 rd - 4 th gr.	Games held Saturdays	Jan. 20-Mar. 10

COST: Resident \$85.00/Non-resident \$127.50

ENROLLMENT: Minimum 40/Class, Maximum Registration Deadline



Introduction to Volleyball (Ages 10-14)

Boys and girls, ages 10 to 14, don't miss out on the fun!! Class instruction is designed to allow for skill building and team play each week. We will work on basic volleyball skills, practice drills and game concept/strategy. All skill levels of boys and girls are encouraged to join. Classes will be broken down to allow for beginners to learn the game and intermediate players to improve their skills.

Instructor: Megan Loeffler & Assistants

Location: Bay Lane Middle School, Main Gym
S75W16399 Hilltop Drive
(Please enter through door #5 on lower level)

Class #	Days	Dates	Time
CE3595	Mondays	April 9-May 14	6:00-7:15 PM

Cost: Resident \$52.00 / Non-resident \$78.00

Enrollment: Minimum 10, Maximum 30



To Register: Call 262-679-4108 OR complete registration form on page 6 OR visit our website at <https://www.antaeusllc.com/site/muskego/display> for on-line registration.

Learn Magic with Glen Gerard!

This is a collaborative program with New Berlin.

(Grades 3 to Adult)

Professional Magician Glen Gerard teaches stunning magic tricks that you can perform with items found around the home. Students will learn sleight of hand, misdirection and showmanship. Fool your friends and family with magic, and be a hit at any event! Glen Gerard has performed on cruise ships and in Branson, MO and Las Vegas, NV.

Instructor: Glen Gerard

Location: New Berlin Community Center
14750 W. Cleveland Ave., New Berlin

Class #	Days	Dates	Time
CE3406	Thursday	March 22	6:30-7:30 PM

Cost: Resident \$16.00/Non-resident \$24.00

Enrollment: Minimum 4, Maximum 20

Cheerleading (Grades 5K-2nd)

Come cheer with us. In this program, participants will learn the basic fundamentals of cheerleading; motions, jumps, techniques, rhythm, and crowd leading skills.

No class Dec. 27, January 3, April 4.

Instructor: Miss Becky's Dance Staff

Location: Bay Lane Middle School, Auxiliary Gym
S75W16399 Hilltop Drive

Class #	Days	Dates	Time
CE3280	Wednesdays	Dec. 6-Feb. 21	6:00-6:45 PM
CE3281	Wednesdays	Mar. 7-May 16	6:00-6:45 PM

Cost: Resident \$54.00 / Non-resident \$81.00

Enrollment: Minimum 4, Maximum 8

Spring Recital for New Berlin Classes

The Annual New Berlin Spring Recital will be held at the New Berlin West Performing Arts Center, Friday, April 27.

This year's show will feature: New Berlin's dance classes as well as the Baton class.

Program instructors will have further information regarding the Spring Recital in March.

Picture Day & Rehearsal
Wednesday, April 25 - NB West PAC

Pom Dance Class

This is a collaborative program with Franklin.

(Grades K-5)

Come pom it up with this fun and energetic class. Learn the proper skills and techniques used for both styles and learn a few routines to show off all your new skills.

No class Dec. 25, Jan 1, April 2.

Instructors: Miss Becky Dance Studio Staff

Location: Bay Lane Middle School, Auxiliary Gym
S75W16399 Hilltop Drive

Class #	Grade	Days	Dates	Time
Winter				
CE3264	K-2	Mon.	Dec. 4-Feb. 19	6:00-6:45 PM
CE3262	3-5	Mon.	Dec. 4-Feb. 19	6:50-7:35 PM
Spring				
CE3265	K-2	Mon.	Mar. 5-May 14	6:00-6:45 PM
CE3263	3-5	Mon.	Mar. 5-May 14	6:50-7:35 PM

Cost: Resident \$54.00 / Non-resident \$81.00

Enrollment: Minimum 5, Maximum 12

Baton Twirling

This is a collaborative program with New Berlin.

(Ages 5-18; Class is for 5-year-olds who are in kindergarten or older.)

It's Twirling Time! Learn fun baton tricks including tosses, spins, rolls, kicks and leaps. The instructor will have information on purchasing a baton at the first class. There is an additional costume fee for performances throughout the spring and summer. Class will include a Spring Recital, marching in the Independence Day Parade and Memorial Day Parade (in New Berlin) along with performing in a local baton competition. **No class April 5.**

Baton Attire Fee: Participants in this program will be required to purchase a recital costume for the spring. The cost for the costume will be \$40. Costume fee must be purchased before February 3. **Please use course #CE3445 to purchase costume.**

Advanced must have at least THREE seasons/semesters of twirling instruction and have instructor's approval.

Instructor: Jenny & Dennis

Location: Hickory Grove Center
2600 S. Sunnyslope Rd., New Berlin

Class #	Grade	Days	Dates	Time
CE3442	Beg.	Thurs.	Jan. 18- Apr. 26	6:30-7:15 PM
CE3443	Inter.	Thurs.	Jan. 18- Apr. 26	5:45-6:30 PM
CE3441	Adv.	Thurs.	Jan. 18- Apr. 26	5:00-5:45 PM

Cost: Resident \$69.00 / Non-resident \$103.50

Enrollment: Minimum 4, Maximum 10

Baton Recital Costume Fee Class #CE3445 Cost \$40.00

Youth/Teen/Adult

Karate/Self-Defense (Grade K-8) W.I.S.E. K.I.D.S.

W.I.S.E. stands for **W**orking for **I**ndividual **S**tudent **E**xcellence, followed by the word, K.I.D.S. which represents **K**arate, **I**ntegrity, **D**etermination, **S**ervice. Some of the program's goals are to increase confidence and self-esteem, develop a greater respect for self and others, improve academic performance and communication skills while learning self-defense skills. (10 weeks) **No classes December 22 & 29, March 30, April 6 and May 4.**

Instructor: Sean Corbett, 4th Degree Black Belt Kenpo Karate, Combat

Location: Muskego High School, Auxiliary Gym
W183S8750 Racine Ave.
(Please enter through North door #5)

Class #	Level	Days	Dates	Time
CE3615	Beg.	Fridays	Dec. 8-Feb. 23	5:30-6:30 PM
CE3616	Beg.	Fridays	Mar. 2-May 25	5:30-6:30 PM

Prerequisite for Advanced is two sessions of Beginner.

CE3617	Adv.	Fridays	Dec. 8-Feb. 23	7:00-8:00 PM
CE3618	Adv.	Fridays	Mar. 2-May 25	7:00-8:00 PM

Cost: Resident \$72.00/ Non-resident \$108.00
Participants **who own** a black uniform (gi)
**\$30.00 black uniform (gi) for new students

Enrollment: Minimum 6, Maximum 15/Beginner
Maximum 25/Advanced

The fee includes the cost of lessons, printed material and the various patches earned in the program.

****All students must have a black gi (uniform). Beginners will need to purchase their gi through the rec. department. Please use class # CE3619 to purchase gi.**

Parents Karate Class

This class is designed to help parents learn the same karate skills right after their child's karate class. Children can either participate with their parent during this half-hour session or sit and rest and watch their parent. This is a great way to help your child at home with their karate skill development by learning the same skills taught. (10 weeks) **No classes December 22 & 29, March 30, April 6 and May 4.**

Note: Child must be enrolled in karate class for parent to participate.

Class #	Days	Dates	Time
CE3621	Fridays	Dec. 8-Feb. 23	6:30-7:00 PM
CE3622	Fridays	Mar. 2-May 25	6:30-7:00 PM

Cost: Resident \$40.00/ Non-resident \$60.00

Enrollment: Minimum 6, Maximum 25

Drawing...presented by Promising Picassos This is a collaborative program with New Berlin. (Ages 7-12 years)

Children receive training in fundamental drawing techniques and creative expression. Each session has new lessons, so sign up for more than just one!

Instructor: Promising Picasso Staff

Location: Muskego City Hall, Durham Hill Room
W182S8200 Racine Ave.

Class #	Day	Date	Time
CE3342	Wednesdays	Feb. 28-Mar. 21	5:00-6:00 PM

Cost: Resident \$36.00 /Non-resident \$54.00

Enrollment: Minimum 6, Maximum 12



Attention: Evening and Weekend Visitors
In an effort to improve school security if you arrive to your event after the official start time, access will not be granted.
Board Policy 830/Facility User Agreement

Little Track Stars (Track Club) (Grades 5K-3rd)

The Muskego Track Club is a coed opportunity for athletes of all levels to learn proper acceleration and sprinting form, while increasing strength, power, speed, agility, endurance, coordination and flexibility. Athletes will receive expert coaching and training methods, and use the latest and greatest training aids and equipment. In addition, athletes will engage in character development by learning skills in patience, selflessness, cooperation, readiness, respect, responsibility and work ethic. Each session will begin with a dynamic warmup, form drills, and a series of coordinated skipping patterns. Athletes will then participate in a running workout designed to increase their maximum level of performance. Then athletes will split into different event groups to practice event specific technique.

During each 1.5 hour practice athletes will learn the basics of each track & field event. They also will participate in our warmup routine, running workouts, and cool down exercises. Emphasis will be put on having fun! Meets 2 times a week for 16 sessions. **No practice on May 13th (Mother's Day)**

Instructor: Coach Owen Jarrette & Staff

Location: Muskego High School, Track
W183S8750 Racine Avenue

Class #	Days	Dates	Time
CE3625	Sun. & Wed.	Apr. 4-May 30	4:30-6:00 PM

Cost: Resident \$120.00 / Non-resident \$170.00

Enrollment: Minimum 6, Maximum 50

Muskego Track Club practices will start at the northwest corner of the track, located next to the score board. Please bring a water bottle and a positive attitude to every practice.

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To Register: Call 262-679-4108 OR complete registration form on page 6 OR visit our website at <https://www.antaeusllc.com/site/muskego/display> for on-line registration.

Annual Winter Fishing Derby



Join us for our Annual Youth Ice Fishing Derby at Muskego County Park. Children ages 4-15 will be placed in age-appropriate categories based on the number of registered participants. Prizes will be given for the longest and shortest fish, and greatest gross total length of all fish caught. Bait and limited equipment available, stay warm by the campfire or with a cup of hot chocolate. Pre-registration strongly encouraged by Wednesday, January 24 as there are limited spots.

Please pre-register by contacting the Muskego Recreation Department at 262-679-4108. If you'd like to help make this event a success by volunteering, make a donation or providing door prizes, please contact Adam Young at: ayoung@cityofmuskego.org.

Location: Muskego County Park, Pond
S83W20370 Janesville Road

Class #	Day	Date	Time
CE3454	Sunday	January 28	10:00 AM-12:00 PM

Cost: Resident \$10.00 / Non-resident \$15.00

Enrollment: Minimum 10, Maximum 25

Classes must reach their minimum enrollment 4 business days before the start of class or the program can be cancelled due to low enrollment.

So don't delay in registering!

Junior Golf (Ages 7-15)

Our junior golf program teaches kids the fundamentals necessary to play and enjoy the game of golf. These fundamentals include grip, set-up, full-swing, putting, chipping, pitching, and etiquette, to name a few. Our junior golf classes now include playing a lesson on our 'practice junior golf course.' Golf balls are included.

Instructor: Mike Vance, PGA Golf Instruction & Staff

Location: Moorland Road Golf Course
5800 S. Moorland Rd., New Berlin

Class #	Ages	Days	Dates	Time
Ages 7-10				
CE3401	Mondays		Apr. 23-May 14	5:30-6:30 PM
CE3403	Wednesdays		Apr. 25-May 16	5:30-6:30 PM

Ages 11-15				
CE3404	Tuesdays		Apr. 24-May 15	5:30-6:30 PM
CE3405	Thursdays		Apr. 26-May 17	5:30-6:30 PM

Cost: Resident \$50.00 / Non-resident \$75.00

Enrollment: Minimum 4, Maximum 8

Golf for children ages 4-6 on page 17.

Golf for ages 16 and up can be found on page 27.



Kids Comedy (Ages 6-15)

Discover your funny bone and learn appropriate ways to make people laugh! We will cover basic skills for joke-writing and delivery, comedic timing, and developing your style. Learn to get your point across, build self-confidence, and have more fun!

Instructor: Lynn Van Lier

Location: Muskego City Hall, Durham Hill Room
W182S8200 Racine Avenue

Class #	Ages	Days	Dates	Time
CE3524	6-10	Thur.	January 18	5:30-7:00 PM
CE3525	11-15	Thur.	January 18	7:00-8:30 PM

Cost: Resident \$12.00 / Non-resident \$18.00

Enrollment: Minimum 4, Maximum 15

Youth/Teen/Adult

Adult Painting classes on pages 34-35.
Computer class on page 42.
Ballroom Dance on pages 29-30.

Hip Hop Funk Dance (Ages 5th-8th Gr.)

This class teaches a combination of jazz and hip hop/funk dance routines to popular pop and hip hop songs you hear in videos and on the radio. This class is for people of all different dance levels with no previous dance experience required, just a desire to dance, have fun, and enjoy a great workout! If you can count, you can dance.

Instructor: Miss Becky's Dance Staff
Location: Bay Lane Middle School, Auxiliary Gym
S75W16399 Hilltop Drive.

Class #	Day	Date	Time
CE3282	Wednesdays	Dec. 6-Feb. 21	6:50-7:35 PM
CE3283	Wednesdays	Mar. 7-May 16	6:50-7:35 PM

Cost: Resident \$54.00 / Non-Resident \$81.00

Enrollment: Minimum 7, Maximum 12

Recreational Tree Climbing In partnership with Waukesha County Parks (Ages 7-Adult)

Fun, Fitness, Adventure! Peaceful and invigorating, recreational tree climbing allows climbers to ascend into and explore trees safely. Gain a new appreciation for trees, nature, and your County Parks. Recreational tree climbing is a unique activity that can be enjoyed by an individual, in small groups, and especially rewarding to families. All gear and instruction is provided. Participants should wear long pants, sturdy shoes, and bring a sense of adventure.

Instructors: Waukesha County Park Staff
Location: Muskego County Park
S83W20370 Janesville Road

Class #	Day	Date	Time
CE3509	Wednesday	April 18	4:30-6:30 PM
CE3510	Thursday	May 24	4:30-6:30 PM

Cost: Resident \$38.00 / Non-resident \$57.00

Enrollment: Minimum 6, Maximum 18

Classes must reach their minimum enrollment 4 business days before the start of class or the program can be cancelled due to low enrollment.

So don't delay in registering!

Archery (Ages 8-Adult)

Beginner/casual archery is a five-week course where instruction will be given to beginners and those wanting to improve their archery skills. Students will learn the sport of archery. All safety rules will be explained and enforced throughout classes. Children under 16 must have a parent or guardian present. Registrants should have their own equipment including bow, arrows, tab/release and arm guard. No crossbows or broad head arrows are permitted. **Those without equipment will be charged an additional \$10.00 fee for provided equipment usage and will be sharing equipment with others in class. Please use class # CE1689 to rent equipment for these classes.**

For more information and map location, visit www.schultzgunclub.com

Instructor: Archery Staff, Schultz Gun Club

Location: Schultz Rod and Gun Club
W145S8016 Schultz Lane

Class #	Days	Dates	Time
CE3378	Wednesdays	Apr. 25-May 23	5:00-7:00 PM

Cost w/Equipment: Res. \$40.00 / Non-Res. \$60.00
#CE3379 \$10.00 equipment rental fee if needed

Enrollment: Minimum 1, Maximum 6

Baby-sitting Course (Ages 11-16)

This class provides useful information for anyone caring for small children and especially so for young people who are beginning their careers in baby-sitting. The program content focuses on the responsibilities of the baby-sitter during child care. This program will increase your child care skills and your knowledge of safety, emergency procedures and accident prevention in the home. The program is certified by the American Red Cross. Bring a snack or light lunch and a drink to each class. It is mandatory that you attend all dates listed for the class number. **Due to supplies purchased there are no refunds for this program if participant cancels.** Recommended to bring a sweater as the classroom temperature varies. There is no required age for certification in the Baby-sitter's Training course; however, it is recommended that children be at least 11 to participate in the course.

Instructor: Julie Behm

Location: Muskego City Hall, Durham Hill Room
W182S8200 Racine Avenue

Class #	Days	Dates	Time
CE3336	Mondays	Jan. 8 & 15	4:00-7:00 PM
CE3337	Mondays	Feb. 5 & 12	4:00-7:00 PM
CE3338	Mondays	March 5 & 12	4:00-7:00 PM
CE3339	Mondays	April 16 & 23	4:00-7:00 PM

Cost: Resident \$56.00 / Non-resident \$84.00

Enrollment: Minimum 6, Maximum 12

Muskego Next Level Fitness (Ages 14-Adult)

This club is a coed opportunity for athletes of all ability levels to learn proper acceleration and sprinting form, while increasing strength, power, speed, agility, endurance, coordination and flexibility. Athletes will receive expert coaching and training methods, and use the latest and greatest training aids and equipment. Athletes will also engage in character development by learning skills in patience, selflessness, cooperation, readiness, respect, responsibility and work ethic.

Each session will begin with a dynamic warmup, form drills and a series of coordinated skipping patterns. Athletes will then participate in workouts designed to increase their maximum level of performance. Each session ends with cool down routine consisting of mobility/flexibility training and abdominal exercises. Each session also includes weight training.

Meets 2 times a week for 16 sessions. Includes Speed and Endurance training plan. Please include size when registering. Please bring a water bottle and a positive attitude to every class. Thank you!

Instructor: Owen Jarrett & Staff - Owen is Head Track & Field Coach at Muskego High School

Location: Muskego High School, Cafeteria
W183S8750 Racine Avenue
(please enter through door # 16)

Class #	Days	Dates	Time
CE3329	Sun. & Wed.	Jan. 3-Feb. 25	6:00-8:00 PM

Cost: Resident \$160.00 / Non-resident \$200.00

Enrollment: Minimum 6, Maximum 50

Emerging Elite (Track Club) (Grades 4th-8th)

The Muskego Track Club is a coed opportunity for athletes of all levels to learn proper acceleration and sprinting form, while increasing strength, power, speed, agility, endurance, coordination and flexibility. Athletes will receive expert coaching and training methods, and use the latest and greatest training aids and equipment. In addition, athletes will engage in character development by learning skills in patience, selflessness, cooperation, readiness, respect, responsibility and work ethic. Each session will begin with a dynamic warmup, form drills, and a series of coordinated skipping patterns. Athletes will then participate in a running workout designed to increase their maximum level of performance. Then athletes will split into different event groups to practice event specific technique.

During each 2 hour practice athletes will learn what it takes to perform their best. Athletes will learn proper techniques for each track & field event and will gain training that will help them become stronger & faster and help them with every other sport they play. Meets 2 times a week for 16 sessions. **No practice on May 13th (Mother's Day)**

Instructor: Coach Owen Jarrette & Staff

Location: Muskego High School, Track
W183S8750 Racine Avenue

Class #	Days	Dates	Time
CE3626	Sun. & Wed.	Apr. 4-May 30	4:30-6:30 PM

Cost: Resident \$160.00 / Non-resident \$210.00

Enrollment: Minimum 6, Maximum 50

Muskego Track Club practices will start at the northwest corner of the track, located next to the score board. Please bring a water bottle and a positive attitude to every practice.

Strength, Power and Speed Development For 7th & 8th Graders

This is a collaborative with Franklin.
(Grades 7-8)

Coach Dan Mlachnik is a Physical/Health Education teacher and the Strength and Conditioning Coach at Muskego High School. He has been coaching and training young athletes for over 20 years, utilizing his experiences from being a collegiate and professional athlete.

This co-ed program is open to students in 7th and 8th grade who are looking for an edge to complement their sport skills. The program aligns with Muskego High School's long-term athletic development plan. With an understanding that development needs and abilities vary greatly, instructors will teach participants how to safely and properly use their body weight, selected machines, and free weights to improve their strength, speed, and agility. Daily skill development will consist of elements of speed and strength.



Instructors: Coach Dan Mlachnik & Coach Collin Smith

Location: Muskego High School, Weight Room
W183S8750 Racine Avenue
(please enter through door # 10)

Class #	Days	Dates	Time
CE3414	Mon. & Wed.	Nov. 27-Feb. 28	6:00-7:30 PM
		No class Dec. 25, 27, Jan. 1	

Cost: Resident \$100.00 / Non-resident \$150.00

Enrollment: Minimum 30, Maximum 75