



**Parks and Recreation**  
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## **Tennis League Rules**

### **Proper Equipment**

1. Wear tennis shoes that are comfortable.
2. Wear loose articles of clothing:  
*\*T-shirt or sweatshirt \*Shorts or jogging pant (with pockets)*
3. Bring plenty of water!
4. Bring at least 2 balls and your own racquet.

### **The Game**

1. Warm-up ground strokes, volleys, and serves for about 10 minutes.
2. Spin a racquet to determine who will serve first.
3. First serve is served from the right side of the court to the diagonal box.
4. Two (2) serves are allowed for each point.
5. Scoring: Love, 15, 30, and 40, game. Say the score loud before each point so there is no confusion on correct score.
6. Players decide if deuce will be played before each match.
7. Switch sides after every odd game is played (1, 3, 5).
8. Play is limited to one hour. Whoever has won the most games, wins the match.
9. Score for matches should be emailed in as soon as possible after play has ended.
10. No throwing racquets or vulgar language.
11. Shake hands after each match.
12. There will be no forfeits. If you are unable to play at scheduled time, please call your opponent and schedule a date and time prior to next scheduled match.
13. Matches can be played any day of the week as long as both players agree.